



The View
From The
Bluff

January
2018

SISTERS OF CHARITY OF OUR LADY OF MERCY

CHARLESTON, SOUTH CAROLINA

This Year

Hang on to your truth
and respect the truth of others

Choose to be happy

Forgive those that
you can forgive
and seek the forgiveness of
someone who deserves it

Do something outside
of your comfort zone

Be the voice for someone
who has no voice

Be quiet strength

Be the type of kindness
that is strength

Remember that love
is a verb.

Choose healthy foods,
activities, and people.

Fall six times,
get up again seven,
persevere

Wish people a lovely day

Live honestly, truly,
and with integrity

A New Year's Prayer

Lord, You make all things new
You bring hope alive in our hearts
And cause our Spirits to be born again.

Thank you for this new year
For all the potential it holds.
Come and kindle in us
A mighty flame
So that in our time, many will see the wonders of God
And live forever to praise Your glorious name.

Amen

www.lords-prayer-words.com



Some thoughts for the New Year...

Serenity

Serenity is not freedom from the storm, but peace amid the storm

Patience

Have patience with all things, but chiefly have patience with yourself. Do not lose courage in considering your own imperfections but instantly set about remedying them -- every day begin the task anew.
- Saint Francis de Sales

Love

Love recognizes no barriers. It jumps hurdles, leaps fences, penetrates walls to arrive at its destination full of hope.
- Maya Angelou

Compassion

To TOUCH THE SOUL OF ANOTHER HUMAN BEING IS TO WALK ON HOLY GROUND.

Joy

Joy Does not simply happen to us. We have to choose joy and keep choosing it every Day.
- Henri Nouwen

Peace

Lord, make me an instrument of your peace, where there is hatred, let me sow love; where there is injury, pardon; where there is doubt, faith; where there is despair, hope; where there is darkness, light; and where there is sadness, joy